

Slide in the mud

Focus: To think about space, movement and teamwork.



How to do the activity

- Select 1-3 taggers (depending on the size of the group).
- If a student gets tagged they must stand in a frozen star shape.
- Saving: Firstly, 1 student must crawl under the star and lie on their stomach with their arms stretched out (they are now safe). Secondly, another student must pull the student lying on the floor from under the caught student.
- A student pulling the person on the floor can be tagged.
- The game is over if the time runs out or all the players are caught.

Questions to ask

- How can you save someone safely?
- How can we work together in this game?
- Why is teamwork important in this game?

What you'll need

- A marked out playing area (spots or cones).

Make this task easier

- Increase the size of the playing area.
- Reduce the number of taggers.
- Do not allow taggers to guard caught players.

Make this task more challenging

- Reduce the size of the playing area.
- Increase the number of taggers.
- Allow taggers to guard caught players.